

## Community Integration News

**THE UPENN COLLABORATIVE...** *Working to understand barriers, develop supports and impact policy to promote community integration and equal participation of individuals with psychiatric disabilities at every level of society.*

### Happy New Year to Our Friends and Colleagues!

In this issue of our Community Integration e-Newsletter, we are happy to report on the exciting activities and new resources & products of the UPenn Collaborative. During this second year of our five-year NIDRR grant, we will continue to build upon our research findings and training experience to develop new Community Integration Tools.

Since initially receiving funding in October 2003, the UPENN Collaborative has been conducting a broad range of innovative research activities and targeted knowledge translation projects to assist in the development and the delivery of community integration services and supports for individuals with psychiatric disabilities.

During the first five years of funding, the UPenn Collaborative, directed by Dr. Mark Salzer, established an ambitious research agenda with nine specific research activities designed to: deepen the theoretical framework for community participation approaches, explore related public policies, develop measures for community participation, and assess the impact of several emerging community integration programs. A summary report of the purpose, methods, results and implications of each of the research projects can be downloaded at: [http://www.upennrrtc.org/resources/view.php?tool\\_id=225](http://www.upennrrtc.org/resources/view.php?tool_id=225)

This report provides an overview of each of the nine research projects completed by the UPenn Collaborative in its first five years of activity. The research undertaken in the 2003 - 2008 period has made major contributions to the field's understanding of community participation, and paved the way for further study as part of the UPenn Collaborative's current NIDRR/RRTC research activities (2008 - 2013).

Winter 2010

### Newsletter Spotlight

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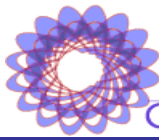
### Contact Information

For more information about the UPenn Collaborative on Community Integration, please contact the Center Coordinator at:

[katykap@mail.med.upenn.edu](mailto:katykap@mail.med.upenn.edu);  
Phone: 215-746-6713 or toll free at 888-320-4580; Fax: 215-349-8715; Mailing Address: Katy Kaplan, University of Pennsylvania School of Medicine, 3535 Market Street, 3rd Floor -- CMHPSR, Philadelphia, PA 19104

### Training and Technical Assistance

The UPenn Collaborative continues to offer a wide variety of free or low-cost Technical Assistance & Training Programs for organizations that want to enhance their movement toward community integration and the recovery model. For more information please contact Katy Kaplan. ([katykap@mail.med.upenn.edu](mailto:katykap@mail.med.upenn.edu) or 215-746-6713).



### *Study Looking For Participants!*

ARE YOU A COLLEGE STUDENT WITH A PSYCHIATRIC DISABILITY LIVING IN NEW JERSEY?

ARE YOU INTERESTED IN ADDITIONAL ACADEMIC SUPPORTS?

UMDNJ's Department of Psychiatric Rehabilitation and the UPENN Collaborative are looking for students ages 18-64 to participate in a research study evaluating the effect of specialized supports on college retention. Students must have a diagnosis of major depression, bipolar, schizophrenia or schizo-affective disorder to qualify. Participation will be confidential. Students will be paid for their participation. If you are interested, please call Michelle Mullen: 1-866-788-1947 or email [MULLENMI@UMDNJ.EDU](mailto:MULLENMI@UMDNJ.EDU).

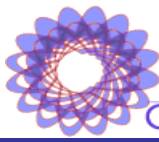
### **Help Identify Transportation Initiatives to Promote Community Integration!**

The UPenn Collaborative is seeking your help in identifying initiatives aimed at increasing access to transportation and increasing transportation options for individuals with psychiatric disabilities. We are looking to hear about any initiatives/programs to address transportation issues.

Please contact Allison Shoemaker (at [shalli@gse.upenn.edu](mailto:shalli@gse.upenn.edu) or 215-746-7344) if you represent or know of an organization that has developed and utilized an innovative transportation initiative and would like to share this information with the UPENN Collaborative. To learn more about this opportunity visit the UPenn Collaborative website: <http://www.upennrrtc.org/news/view.php?id=57>.

### *Proceedings from A Seminar on Systems Transformation: A Life in the Community*

The New York Association of Psychiatric Rehabilitation Services (NYAPRS) and the UPenn Collaborative have joined forces to bring to you a compilation of presentations focused on the promotion of community integration and full social inclusion of persons in recovery. The Proceedings includes an introduction to community integration and social inclusion approaches, followed by the seminar agenda and PowerPoint presentations for each of the 22 workshops. This groundbreaking seminar focused on promoting "A Life in the Community" and included three critical themes: **Service Transformation, Integrated Care and Community Integration**. The resulting PDF document is now available at no cost on the NYAPRS ([www.nyaprs.org](http://www.nyaprs.org)) and UPenn Collaborative ([www.upennrrtc.org](http://www.upennrrtc.org)) websites. To download this document visit: [http://www.upennrrtc.org/resources/view.php?tool\\_id=224](http://www.upennrrtc.org/resources/view.php?tool_id=224).



## *UPenn Collaborators...News and Selected Highlights*

### *UPenn Collaborators in the News!*

UPenn Collaborative staff have been working hard to promote community integration through presentations all over the region. Both Mark Salzer, Ph.D. and Edie Mannion were interviewed by WHYY's Behavioral Health Reporter Maiken Scott on National Public Radio.

Dr. Salzer was interviewed for a story on the Recovery-based approach to mental health care. To listen to this radio interview please visit: <http://whyy.org/cms/news/health-science/behavioral-health-health-science/2009/12/14/mental-health-care-and-recovery/25409>. To read more about the current research projects being conducted by Dr. Salzer, visit: [http://www.upennrrtc.org/aboutstaff\\_view.php?id=7](http://www.upennrrtc.org/aboutstaff_view.php?id=7).

In the spirit of improving the quality of psychotherapy, Edie Mannion agreed to do an interview with National Public Radio on evidence-based treatments. The interview is available at: <http://whyy.org/cms/news/health-science/behavioral-health-health-science/2009/09/25/evidence-based-treatments-in-mental-health>. To learn more about Edie Mannion, visit: [http://www.upennrrtc.org/about/staff\\_view.php?id=24](http://www.upennrrtc.org/about/staff_view.php?id=24)

To learn more about the UPenn Collaborative Staff and Faculty visit: [http://www.upennrrtc.org/about/staff\\_list.php](http://www.upennrrtc.org/about/staff_list.php).

### *New Grant Funding Provides Support for Training and TA*

The UPenn Collaborative recently received a subcontract - a Beacons of Employment Excellence (BEES) grant - to help four agencies in Pennsylvania to further develop their supported employment programs. Medicaid Infrastructure Grant (MIG) dollars support this project, with the goal of helping these four programs to become models for other agencies throughout the Commonwealth of Pennsylvania. A \$25,000 grant has been awarded to each agency to help provide staff training, program development, and management information systems related to supported employment, as well as training and technical assistance from the UPenn Collaborative. For more information contact Richard Baron at 215-573-3472 or [baronrc@mail.med.upenn.edu](mailto:baronrc@mail.med.upenn.edu).

### *New Publications from the UPenn Collaborative Faculty*

Friesen, B., Nicholson, J., Kaplan, K., Solomon, P. (2009). Parents with a mental illness and implementation of the Adoption and Safe Families Act, Monograph on ASFA.

Kaplan, K., Kottsieper, P., Scott, J., Salzer, M., & Solomon, P. (2009). Adoption and Safe Families Act State Statutes Regarding Parents with Mental Illnesses: A Review and Targeted Intervention. *Psychiatric Rehabilitation Journal*, 33(2), 91-94.

Salzer, M.S., & Kundra, L.B. (2010). Liability and referrals to self-help groups. *Psychiatric Services*, 61, 6-8.

Salzer, M.S., Katz, J., Kidwell, B., Federici, M., & Ward-Colasante, C. (2009). Pennsylvania Certified Peer Specialist Initiative: Training, Employment, and Work Satisfaction Outcomes. *Psychiatric Rehabilitation Journal*, 32, 293-297.

For more Research Papers and Reports from the UPenn Collaborative visit: <http://www.upennrrtc.org/project/products/index.php>.